

## THE EPIC NATURE ADRENALIN TOUR

1 DAY / STARTING FROM KNYSNA OR PLETTENBERG BAY—A GOOD OPTION FOR TEAM BUILDING!

### Get close to nature on this adrenalin pumping adventure!

Starting the adventure from Knysna or Plettenberg Bay, it is an unforgettable nature adventure with many activities to choose from in indigenous rainforests, ravines and sea-side settings.



**Example itinerary** - when starting in Knysna/Plett Day or two day options from Cape Town

Time	Activity	Duration
06h30-06h45	Pick-up at the doorstep of your hotel	00:15
07h00-09h00	Scenic drive along the Garden Route	02:00
10h00-12h00	Option: Bungi Jumping, shark cage diving, horse riding.	02:00
12h00-13h00	Options: Black Water Tubing or Forest tractor ride	01:00
13h00-14h00	Lunch in forest	01:00
14h30-17h30	Options: Canopy Forest Treetop ride or Zipline adventure	03:00
18h00	Scenic drive to overnight destination	

### HIGHLIGHTS

- Highest Bungy jump in the world.
- River rafting or tubing
- Tree tops or zipline adventure
- Horse-riding or hiking
- Scenic drives and good food.

### Includes

- Pickup and return to lodgings
- Transport takes place in a comfortable air-conditioned vehicle
- Lunch
- Registered Guide and permits
- Water on board at all times

### Excludes

- Tickets for activities and entrances
- Any meals or tastings not in itinerary
- Flights, accommodation and insurance

**Bloukrans Bungy Jumping** - Situated along the Garden Route at the Tsitsikamma Forest Village, just 40km east of Plettenberg Bay along the N2 Highway you will find the highest single span arch bridge in the world. Here you can experience the thrill for yourself by taking a giant leap off the bridge. This is the highest commercially operated Bungy Jump bridge in the world. You will be secured in a full body harness and proceed to walk along a specially designed catwalk (216m long), which is suspended beneath the road surface, which will then lead you to the top of the arch - 216 meters above the Bloukrans River. Here you will be given final instructions by highly experienced staff, 5-4-3-2-1- and off you go! Bloukrans utilizes pendulum bungy technology ensuring you the smoothest, most comfortable bungy jump possible. Take the leap of your life and feel that extreme adrenalin as you plunge towards earth.

**Treetops Canopy Adventure** - Platforms are built in the magnificent Tsitsikamma indigenous rainforest around giant Outeniqua Yellowwood trees that are up to 700 years old! Standing within the crown of these giants and looking down at the lush forest floor thirty metres below is an experience of a lifetime. The scenery and birdlife is spectacular and professional guides ensure your safety while keeping you informed about interesting features of the forest ecology. If you are fortunate enough, you will spot a pair of Knysna Loeries or the brilliant red plumage of the elusive Narina Trogon. Whatever happens, we're quite sure you'll be back again!

**Zipline Adventure** - This fun for everyone tour takes place in the Stormsriver area and about 50 kilometers from Plettenberg Bay. Situated 8km from the Storms River Bridge on the N2, Tsitsikamma Falls Adventure Park offers spectacular Zipline adventure slides across the Kruis River. The eight slides, of which the longest is 211m, zigzag along cables across the river gorge, as high as 50m above the water in some places. Each section presents its own surprises, adventure, wonders and beautiful views over indigenous Tsitsikamma fauna and flora. Users can control the speed of their descent, allowing them to stop mid cable to take in some of the awesome views over the waterfalls. The guides provide interesting commentary about the area as patrons traverse the gorge and waterfalls. Operational in all weather conditions, 365 days a year. Children 3 years and older can partake in this action packed adventure thrill. We do allow children and the timid to slide in tandem with parents or with a guide.

**Blackwater Tubing** - Tsitsikamma Black water Tubing, is a unique, five hour fun filled adventure, including tube paddling, swimming, tube tipping, nature walking, birding, and rock jumping. Stormsriver tubing caters for the wild and the mild adventurer as all rock jumps are optional as are rapids on high water.. Blackwater Tubing is a unique adventure into an untouched pristine rocky gorge in the heart of the Garden Route, in the indigenous forest section of Tsitsikamma National Park. Under low water conditions (0-20mm rainfall) the Stormsriver Black Water Tubing experience is similar to 'kloofing' where one paddles the pools and walks the shallow sections. On medium to high water (20-600mm rainfall), Black water Tubing is packed with action as rapids become runnable. Grade 3 rapids and rock jumps are optional and our trained swift-water safety guides are always ready to assist with negotiating the fast flowing sections.

