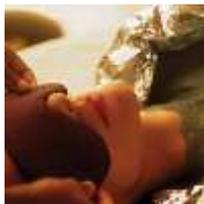


## LUXURY HEALTH SPA AND WINE TOUR

1 DAY | LUXURY | GROUPS, COUPLES OR INDIVIDUAL

### Relax, rejuvenate and invigorate body and mind at a world-class health spa.

Idyllic, calming and soothing health spas offering superior a variety of treatments to relax, groom and restore a sense of wellbeing. An exclusive selection of spa options with full spa facilities and amenities are located on wine estates, Safari Game Lodges and in the City as well as other elegant getaway settings.



### Example itinerary

| Time        | Activity                                 | Duration |
|-------------|--|----------|
| 09h30-10h00 | Embark coach at hotel                    | 00:30    |
| 10h00-11h00 | Travel to spa                            | 01:00    |
| 11h00-13h30 | Treatments                               | 02:30    |
| 13h30-15h00 | Lunch at spa                             | 01:30    |
| 15h00-16h30 | Wine tasting/pairing                     | 01:30    |
| 16h30       | Return to Cape Town, disembark at hotels | 01:00    |

Relaxation in South Africa - modern, yet traditional well-being is available in a variety of settings and styles. The Spas combine traditional and modern therapies, artfully fusing Far Eastern and Western knowledge with innovative beauty products of the highest international quality, leaving spa visitors with a deep feeling of relaxation and a restored natural balance.

Full use of spa facilities like steam-room, sauna, hot pool, Jacuzzi and more.

Indulge in tasting some of the finest wines. Experience either a wine tasting, wine pairing, cellar tour or a chance to view the harvesting activities. (Seasonal)

The following 30 minute spa treatments are ideal for groups and couples:

- Massage: Back, neck and shoulders
- Aromatherapy—full body
- Massage: Feet and legs
- Massage: Scalp
- Facial
- Manicure
- Pedicure
- A combination of the above—Mini treatments



### HIGHLIGHTS

- Visit a Health Spa with a treatment of your choice
- South African Winelands Lunch and Wine tasting or cellar tour
- Scenic routes of the Western Cape

### Includes

- All transportation and transfers as required (door to door).
- Transportation costs such as fuel, toll fees and parking.
- Passenger and public liability, and permits.
- Vehicle hire.
- Qualified driver with all legal documentation.
- Guide and drivers fees and other expenses when applicable.
- All entrance fees.
- Lunch
- Gratuities/Service at all venues
- Water on board our vehicles at all times.

### Excludes

- All alcoholic beverages.
- Any meals not stipulated above.
- Any additional excursions or transfers not stipulated above.
- Travel insurance.
- All items of a personal nature.
- Flights
- Accommodation