

## SPA & GOURMET DINING INDULGENCE

1 DAY / HALF DAY / CUSTOM

### Indulge your senses with a Spa and an unforgettable gourmet and wine experience

Exceptional cuisine, matched with the finest Cape wines and charming service in beautifully designed restaurants, all with strong local influences is a recipe for a unique and memorable dining experience in Cape Town..



### Example itinerary

Time	Activity	Duration
08h30-08h45	Pick-up at the doorstep of your hotel	00:15
09h00-09h30	Leave Cape Town and travel to Spa resort	00:30
10h00-12h00	Spa Treatments (a large menu available)	02:00
12h30-13h30	Relax in Spa facilities with swimming pool, sauna & steam Baths	01:00
13h30-15h30	Gourmet Lunch (and optional Cape Malay Cooking class)	02:00
15h15-16h30	Cellar Tour and Wine tasting (optional pairing)	01:15
21h15	Return to Cape Town	00:30

### Wellness Spa Resort in The Constantia Valley

Wellness Spa has a holistic approach to both health and beauty, and features a steam room, facial and massage rooms, and manicure and pedicure rooms.

Situated in the beautiful Constantia Valley, this resort offers luxurious rooms with views across its world-renowned gardens and vineyards, swimming pools, Wellness Spa, tennis court as well as 2 award-winning restaurants.

There are also a number of beautiful Wine Estates in the area to experience a Wine Tasting of distinction.



**The Greenhouse** - Serves modern interpretations of traditional cuisine using local ingredients.

**The Conservatory** - Built around a giant 300-year old oak tree, enjoy a selection of international favourites.

**The Martini** - Offers a selection of more than 200 different cocktails, wines and champagnes.

### HIGHLIGHTS

- Enjoy activities and facilities, such as the spa, relaxing in the garden, swimming, cycling and more.
- Enjoy the relaxation of a Country lunch and exceptional Cape Malay Gourmet food
- Wine and food pairing

### Includes

- All transportation and transfers as stipulated above (door to door).
- Transportation costs such as fuel, toll fees and parking.
- Passenger and public liability, and permits.
- Vehicle hire.
- Qualified driver with all legal documentation..
- All entrance fees.
- Lunch
- Gratuities/Service at all venues
- Water on board our vehicles at all times.

### Excludes

- All alcoholic beverages. not mentioned in itinerary.
- Any meals not included in itinerary..
- Any additional excursions or transfers not stipulated above.
- Travel insurance.
- Accommodation
- Flights
- All items of a personal nature.