

THE CAPE ON A PLATE

3 DAYS CULINARY ADVENTURE | LUXURY OR STANDARD OPTIONS

All my tours are flexible Private
Tours for any length of time
Rates and terms on enquiry

Food, Wine, scenic drives, adventure, whale watching and a spa-treat!

Enjoy the perfect combination of travel and food delights. Indulge your love and appreciation of fine dining by embarking on this exclusive culinary, wine-appreciation tour and other adventures that will be designed especially to match the tastes of yourself and your travel companions.



Example itinerary - Constantia Wine Valley - Franschhoek - Hermanus - Cape Town

DAY	TIME	OPTIONAL ACTIVITIES
DAY 1	09h00	Pick-up at the doorstep of your hotel
Constantia	09h15-10h00	Scenic drive to 'the Constantia Winelands'
Winelands	10h15-11h15	Start the day with some Cheese and Wine pairing
	11h30-12h00	Transfer to a Luxury Hotel - a CAPE MALAY experience
	12h00-14h30	Malay Cooking Chef's Class preparing Lunch & dining
	15h0-17h30	Spa treatments at a Luxury Wellness Centre
	17h45-18h00	Return to Hotel
	20h30-22h00	Dinner - V&A Waterfront restaurant - Seafood specialities
	22h15	Return to hotel
DAY 2	08h00-09h15	Breakfast at Hotel
Hermanus	09h30-11h30	Scenic drive along False Bay to Hermanus
& Franschhoek	11h00-13h00	Whale Watching and Option of Shark Cage Diving
	13h00-14h30	Light Lunch at Boutique Café in Hermanus
	14h30-15h45	Drive over the majestic mountain range to Franschhoek
	16h00-18h00	Wine tasting, bubbly and cellar tour at local Wine Estate
	19h00-22h00	Dinner—The Tasting Room—a unique experience
	22h00-23h00	Transfer to Hotel in Cape Town (Option: o/night in Winelands)
DAY 3	08h00-09h15	Breakfast at Hotel
Cape Town	09h30-10h30	Visit to local Spice & Food Emporium
	11h00-11h15	Embark on a Private Yacht - Clifton & Camps Bay Beaches
	11h30-14h30	Lunch aboard Yacht - Speciality catering
	14h30-14h45	Return to Waterfront
	15h00-19h30	Shopping and entertainment at Waterfront
	20h00-22h00	Dinner at seaside gourmet restaurant
	22h00	Transfer to your hotel



HIGHLIGHTS

- 5 star fine dining
- Coastal and winelands scenic drives
- Gourmet shopping - Food markets
- Wine tasting and pairing
- Wine farm and cellar tour
- Cape Malay cooking class
- Gourmet brunch/ picnic on a wine farm
- Spa - Stellenbosch/Franschoek

MORE INFO

Your culinary tour will be designed to include the Cape's most iconic 5 star luxury dining restaurants in a mixture of rustic, modern and traditional settings. I have selected restaurants that offer the best of South African cooking as well as boasting a delightful selection of wine from their own private cellars.

The Cape has a long history of hospitality - of unique cuisine and good chefs with some of the most scenic restaurant settings to be found anywhere! It is a veritable melting pot of influences from the East, Europe, India, Malaysia and Africa, and is famous for its seafood and Cape Malay cuisine